

Heroin Assisted Treatment (HAT)

A NEW GROUND-BREAKING TREATMENT FOR LONG-TERM HEROIN USERS IN MIDDLESBROUGH

What is Heroin Assisted Treatment?



Heroin Assisted Treatment (HAT) is a medical treatment for people with a **long-term dependency on heroin**, who have failed to respond to any other drug treatment.



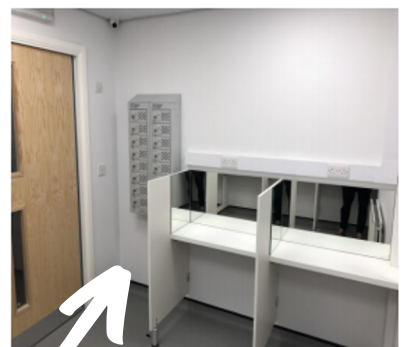
Participants will attend a specialist clinic twice a day and will be **assessed by a medical professional** to determine the dose of diamorphine they will be prescribed.



In the treatment room, participants will **self-administer** the diamorphine under the supervision of medically trained staff to ensure there is **no adverse reaction**.



Once their drug use is **under control**, participants will spend time with specialists from other agencies to help them rebuild their lives and **reintegrate into society**.



A LOOK INSIDE THE HEROIN ASSISTED TREATMENT CLINIC

DID YOU KNOW?

Drug treatment using opiates was used as early as the 1920s, but fell out of fashion as the 'war on drugs' took hold in the 1980s.

Why in Middlesbrough?

Latest figures show that Middlesbrough has the highest rate of adult re-offending, opiate use and drug-related deaths in the country.

Entrenched heroin use continues to be a key driver for theft in the Cleveland Police force area. A 'revolving door' system means offenders place increased demand on the police, prisons and probation services. Long-term users are also placing significant pressure on health and social care services, due to their poor health and risk of overdose.

Research found that the detected offending of 20 individuals who met the proposed criteria for the HAT scheme over a 24-month period cost society £784,890 - the equivalent to **£5.58 per head of population in Middlesbrough!**



DANNY AHMED
CLINICAL DIRECTOR, HAT

IN MIDDLESBROUGH, YOU'RE STATISTICALLY MORE LIKELY TO DIE FROM A DRUG-RELATED DEATH THAN A **CAR CRASH**.

How will it help?

The scheme will not only help to turn the lives of participants around, but will reduce the cost and strain on our public services.

OUR AIMS



- Reduced crime and repeat offending
- Fewer short-term prison sentences
- Reduced antisocial behaviour and drug litter
- Reduced admissions to A&E
- Better treatment outcomes for hard-to-treat users



BARRY COPPINGER
POLICE AND CRIME COMMISSIONER

"THE TIME IS RIGHT TO TRY A **NEW APPROACH** TO REDUCE THE IMPACT DRUG MISUSE HAS ON SERVICES AND COMMUNITIES"

Questions? Contact the PCC's office on pcc@cleveland.pnn.police.uk or 01642 301861